

## 2024 Skate Colorado Compete USA Series

Aspen Invitational (Lewis Arena) **Denver Invitational** Date: Dec 1-3, 2023 (South Suburban Sports Complex) Date: March 7-10, 2024 www.aspenfigureskatingclub.com 0861 Maroon Creek Rd www.denverfsc.org 4810 E. County Line Road Aspen, CO Competition Chair: Janette Buchanan Littleton, CO 80126 janettebuchanan@yahoo.com Competition Chair: Lisa May (650) 465-1720 di@dcfsc.org **Competition Application Deadline: October 27, 2023** (720) 272-0290 **Competition Application Deadline: Feb 4, 2024** Ft. Collins Classic (EPIC) **Funtastics (APEX)** Date: April 12-14, 2024 Date: April 4-7, 2024 www.fortcollinsfsc.org www.alpinesc.org 13150 W 72nd Ave 1801 Riverside Fort Collins, CO 80525 Arvada, CO 80005 Competition Chair: Amy Aspelund Competition Chair: Carol Zeles / Mary Lynn Conway aspelua@gmail.com cmzeles@gmail.com / marylynn.conway@gmail.com 970-556-4850 (303) 979-0802 **Competition Application Deadline: March 21, 2024 Competition Application Deadline: TBD Centennial Spring Classic (Monument Ice Rinks)** Front Range Invitational (Greeley Ice Haus) Date: May 3-4, 2024 Date: May 31-June 2, 2024 www.centennialskatingclub.org www.mountainviewskatingclub.com 900 8<sup>th</sup> Avenue 16240 Old Denver Highway Greeley, CO 80633 Monument, CO 80132 Competition Chair: Lisa Landon Competition Chair: Lyndsay Buxman / Sarah Mitchell lisa landon@comcast.net competition@mountainviewskating.com (303) 332-7868 / (970) 978-3192 (719) 659-0912 **Competition Application Deadline: TBD Competition Application Deadline: April 3, 2024 Broadmoor Open (World Arena)** Vail Invitational (Dobson Arena) Date: July 14, 2024 Date: June 23, 2024 www.broadmoorskatingclub.com www.skateclubvail.com 321 E. Lionshead Cir 3185 Venetucci Blvd Colorado Springs, CO 80906 Vail, CO 81657 Competition Chair: Barbara Bradley Competition Chair: Kelly Deimund HoneyB23@aol.com kellydeimund@hotmail.com (719) 540-5655 (970) 376-3945 **Competition Application Deadline: May 8, 2024 Competition Application Deadline: TBD** Cup of Colorado/Colorado Gold **Colorado Springs Invitational/RMSG** (South Suburban Sports Complex) (Monument Ice Rinks) Date: Aug 15-18, 2024 Date: Sep 13-14, 2024 www.centennialskatingclub.org www.denverfsc.org 4810 E. County Line Road 16240 Old Denver Highway Littleton, CO 80126 Monument, CO 80132 Competition Chair: Cassy Papajohn Competition Chair: Lisa Landon cup@dcfsc.org lisa\_landon@comcast.net (303)910-0303 (719) 659-0912 **Competition Application Deadline: July 14, 2024** Competition Application Deadline: Aug 11, 2024 \*\*\* All 2024 Skate Colorado Compete USA **Competition Series awards will be** presented at this competition \*\*\*

**MISSION STATEMENT:** To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

**AWARDS:** During the competition season, skaters and teams/clubs will have the chance to compete at 10 different competitions and earn points for a final standing. <u>Trophies and medals will be awarded at the Skate Colorado Compete USA competition at the 2024 Colorado Springs</u> <u>Invitational</u>.

Skate Colorado Compete USA Series Team Banner  $(3x4) - 1^{st}$ ,  $2^{nd}$ , and  $3^{rd}$  place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 10 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a "team" concept). Points will be awarded based upon the same system as the individual points. Only the top 10 team members' OVERALL scores FOR THE ENTIRE SEASON (including move up points) will count toward the team points for the determination of the team trophy. Tie breakers will be the same as the individual tie breakers.

## Free Skate Program and Elements/Compulsory Series Point System

A skater must enter BOTH the Free skate Program AND the Elements/Compulsory event <u>IN THE</u> <u>SAME LEVEL</u> in each of at least TWO (2) of the 10 registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of TWO (2) competitions. Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series. Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 <sup>st</sup> place	6 points
2 <sup>nd</sup> place	5 points
3 <sup>rd</sup> place	4 points
4 <sup>th</sup> place	3 points
5 <sup>th</sup> place	2 points
6 <sup>th</sup> place	1 point

\* A skater will earn three points toward their overall standing each time the skaters competes in a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for events 2-9 in the series (even though the event point scores may not be one of the final four best scores).

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS. In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the **3** point move up credit.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the total score for all compulsory events during the season will be the 3<sup>rd</sup> tie breaker, and the number of levels increased throughout the season will be the 4<sup>th</sup> tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 in each level from Snowplow Sam through Free Skate 6 and Adult 1-6. The trophies will be awarded to the skaters at their level as of the last competition in which they compete.

### **Rules and Format:**

### **COMPETITION ANNOUNCEMENT**

The **Skate Colorado Compete USA Series** is sponsored equally by the 10 participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

### ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and **NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.** 

All Aspire 1 - 4 may compete at the level that best fits their skill level and may NOT have passed the USFS Preliminary Singles test.

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

## **Elements:** Snowplow Sam – Basic 6

Format: Each skater will perform one element at a time (in program format) in the <u>order listed below</u> (no excessive connecting steps or choreography)

- To be skated on  $\frac{1}{2}$  ice, no music
- All elements must be skated in the order listed no additional elements are allowed
- The skater <u>must demonstrate</u> the required elements as described
- Each element may only be attempted once
- Time: 1:00 MAX

## **Compulsory: Aspire 1-4 and Adults 1-6**

Format: In program format, using a <u>limited number</u> of connecting steps, the skating order of the required elements is optional

- To be skated on <sup>1</sup>/<sub>2</sub> ice, no music
- Each element may only be attempted once
- May use any additional elements from <u>previous</u> levels as connecting steps.
- A .2 deduction will be taken for each element missing, repeated or from a higher level
- Time: 1:15 MAX Pre-Free Skate Free Skate 6; 1:30 MAX Adult 1-6

### **Programs with Music: Snowplow Sam – Basic 6**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice with music
- The skater <u>must demonstrate</u> the required elements as described and may use any additional elements from their current level or a previous level
- If the description of a required move states the direction of the element or the placement of the free leg, then options are <u>NOT</u> allowed
- A .2 deduction will be taken for each element performed from a higher level
- Bonus skills from the same level or below are allowed but will NOT be judged elements
- Time: 1:10 MAX

## **Programs with Music:** Adult 1 – 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice
- Vocal music is allowed.
- The skater <u>must demonstrate</u> the required elements as described and may use, but is not required to use, any additional elements from their current level or a previous level
- A .2 deduction will be taken for each element missing, repeated or from a higher level
- Time 1:40 MAX

## Free Skate: Aspire 1-4

- To be skated on full ice
- Vocal music is allowed
- Time 1:40 MAX

## **Required Descriptions for Elements & Compulsories**

Level	Skating rules / standards	Level	Skating rule/ standards
	<ul> <li>March followed by a two-foot glide and dip</li> </ul>		Forward marching
Snowplow	<ul> <li>Forward swizzles, 2-3 in a row</li> </ul>	Adult 1	<ul> <li>Forward two-foot glide</li> </ul>
Sam	Forward snowplow stop		<ul> <li>Forward swizzle (4-6 in a row)</li> </ul>
	<ul> <li>Backward wiggles, 2-6 in a row</li> </ul>		<ul> <li>Forward snowplow stop on one or two feet</li> </ul>
	<ul> <li>Forward two-foot glide and dip</li> </ul>		<ul> <li>Forward skating across the width of the ice</li> </ul>
Basic 1	<ul> <li>Forward swizzles, 6-8 in a row</li> </ul>	Adult 2	<ul> <li>Forward one-foot glides, both feet</li> </ul>
	<ul> <li>Beginning snowplow stop on one or two feet</li> </ul>		Forward slalom
	<ul> <li>Backward wiggles, 6-8 in a row</li> </ul>		<ul> <li>Backward skating</li> </ul>
			<ul> <li>Backward swizzles, 4-6 in a row</li> </ul>
	<ul> <li>Forward one-foot glide (no variations), either foot</li> </ul>	Adult 3	<ul> <li>Forward stroking using the blade properly</li> </ul>
Basic 2	<ul> <li>Scooter pushes, 2-3 each foot</li> </ul>		<ul> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row,</li> </ul>
	Moving snowplow stop		clockwise and counterclockwise
	<ul> <li>Two-foot turn in place, forward to backward</li> </ul>		<ul> <li>Forward chasses on a circle, clockwise and counterclockwise</li> </ul>
	Backward swizzles, 6-8 in a row		<ul> <li>Backward skating to a long two-foot glide</li> </ul>
			<ul> <li>Backward snowplow stop, right and left</li> </ul>
	Beginning forward stroking showing correct use of blade		<ul> <li>Forward outside edge on a circle, right and left</li> </ul>
Basic 3	• Forward half swizzle pumps on a circle, either clockwise or	Adult 4	<ul> <li>Forward inside edge on a circle, right and left</li> </ul>
	counter clockwise, 4-6 consecutive		<ul> <li>Forward crossovers, clockwise and counterclockwise</li> </ul>
	Forward slalom		<ul> <li>Hockey stop, both directions</li> </ul>
	<ul> <li>Moving forward to backward two-foot turn on a circle</li> </ul>		<ul> <li>Backward one-foot glides, right and left</li> </ul>
	<ul> <li>Beginning backward one-foot glide, either foot</li> </ul>		
	Forward outside edge on a circle, clockwise or counter		<ul> <li>Backward outside edge and backward inside edge on a circle,</li> </ul>
Basic 4	clockwise	Adult 5	right and left
	<ul> <li>Forward crossovers, 4-6 consecutive, clockwise and</li> </ul>		Backward crossovers, clockwise and counterclockwise
	counterclockwise		<ul> <li>Forward outside three-turn, right and left</li> </ul>
	Backward half swizzle pumps on a circle, either clockwise or		<ul> <li>Beginning two-foot spin (min 2 revolutions)</li> </ul>
	counterclockwise, 4-6 consecutive		
	<ul> <li>Backward one-foot glides (no variations), right and left</li> </ul>		
	<ul> <li>Beginning two-foot spin, maximum 4 revolutions</li> </ul>		
	<ul> <li>Backward outside edge on a circle, clockwise or</li> </ul>		<ul> <li>Forward stroking with crossover end patterns</li> </ul>
Basic 5	counterclockwise	Adult 6	<ul> <li>Backward stroking with crossover end patterns</li> </ul>
	<ul> <li>Backward crossovers, 4-6 consecutive, clockwise and</li> </ul>		<ul> <li>Forward inside three-turn, right and left</li> </ul>
	counterclockwise		• T-stop
	<ul> <li>Forward outside three-turn, right and left</li> </ul>		Lunge
	<ul> <li>Advanced two-foot spin, min 4 revolutions</li> </ul>		<ul> <li>Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>
	Hockey stop		
	<ul> <li>Forward inside three-turn, right and left</li> </ul>		
Basic 6	<ul> <li>Mohawk, right to left and left to right</li> </ul>		
	Bunny Hop		
	Basic forward spiral on a straight line (no variations), right or		
	left		
	Beginning one-foot spin, max 3 revolutions, optional free leg		
	and entry position		
	• T-stop, right or left		

## Aspire 104 Compulsory Moves

LEVEL	TIME	SKATING RULES/STANDARDS	
Aspire 1	1:15 max	<ul> <li>Waltz Jump</li> <li>½ Flip</li> <li>One-foot upright spin</li> <li>Choreographic step sequence</li> </ul>	
Aspire 2	1:15 max	<ul> <li>Single Salchow</li> <li>Single Toe Loop</li> <li>Sit spin</li> <li>Choreographic step sequence</li> </ul>	
Aspire 3	1:15 max	<ul> <li>Single Loop</li> <li>Salchow/Toe loop jump combination</li> <li>Forward upright spin to back upright spin combination</li> <li>Choreographic step sequence</li> </ul>	
Aspire 4	1:15 max	<ul> <li>Single Flip</li> <li>Waltz Jump-Euler-Salchow jump combination</li> <li>Camel-Sit spin combination</li> <li>Choreographic step sequence</li> </ul>	

# **Required Descriptions for Programs with Music**

Level	Skating rules / standards	Level	Skating rule/ standards
	<ul> <li>March followed by a two-foot glide and dip</li> </ul>		Forward marching
Snowplow	<ul> <li>Forward swizzles, 2-3 in a row</li> </ul>	Adult 1	Forward two-foot glide
Sam	<ul> <li>Forward snowplow stop</li> </ul>		<ul> <li>Forward swizzle (4-6 in a row)</li> </ul>
	<ul> <li>Backward wiggles, 2-6 in a row</li> </ul>		<ul> <li>Forward snowplow stop, one or two feet</li> </ul>
	<ul> <li>Forward two-foot glide and dip</li> </ul>		<ul> <li>Forward skating across the width of the ice</li> </ul>
Basic 1	<ul> <li>Forward swizzles, 6-8 in a row</li> </ul>	Adult 2	<ul> <li>Forward one-foot glides</li> </ul>
	<ul> <li>Beginning snowplow stop on two-feet or one-foot</li> </ul>		Forward slalom
	<ul> <li>Backward wiggles, 6-8 in a row</li> </ul>		Backward skating
			<ul> <li>Backward swizzles, 4-6 in a row</li> </ul>
	<ul> <li>Forward one-foot glide (no variations), either foot</li> </ul>	Adult 3	<ul> <li>Forward stroking using the blade properly</li> </ul>
Basic 2	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>		<ul> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row,</li> </ul>
	<ul> <li>Moving snowplow stop</li> </ul>		clockwise and counterclockwise
	<ul> <li>Two-foot turn in place, forward to backward</li> </ul>		<ul> <li>Backward skating to a long two-foot glide</li> </ul>
	<ul> <li>Backward two-foot swizzles, 6-8 in a row</li> </ul>		<ul> <li>Forward chasses on a circle, clockwise and counterclockwise</li> </ul>
			<ul> <li>Backward snowplow stop, right and left</li> </ul>
	<ul> <li>Beginning forward stroking showing correct use of blade</li> </ul>		<ul> <li>Forward outside edge on a circle, right and left</li> </ul>
Basic 3	<ul> <li>Forward half swizzle pumps on a circle, either clockwise or</li> </ul>	Adult 4	<ul> <li>Forward inside edge on a circle, right and left</li> </ul>
	counter clockwise, 4-6 consecutive		<ul> <li>Forward crossovers, clockwise and counterclockwise</li> </ul>
	Forward slalom		<ul> <li>Backward one-foot glides, right and left</li> </ul>
	<ul> <li>Moving forward to backward two-foot turn on a circle</li> </ul>		Hockey stop, both directions
	<ul> <li>Beginning backward one-foot glide, either foot</li> </ul>		
	<ul> <li>Forward outside edge on a circle, clockwise or counter</li> </ul>		<ul> <li>Backward outside edge on a circle, right and left</li> </ul>
Basic 4	clockwise	Adult 5	<ul> <li>Backward inside edge on a circle, right and left</li> </ul>
	<ul> <li>Forward crossovers, 4-6 consecutive, clockwise and counter</li> </ul>		<ul> <li>Backward crossovers, clockwise and counterclockwise</li> </ul>
	clockwise		<ul> <li>Forward outside three-turn, right and left</li> </ul>
	Backward half swizzle pumps on a circle, either clockwise or		Beginning two-foot spin
	counter clockwise, 4-6 consecutive		
	<ul> <li>Backward one-foot glides (no variations), right and left</li> </ul>		
	<ul> <li>Beginning two-foot spin, maximum 4 revolutions</li> </ul>		
	<ul> <li>Backward outside edge on a circle, clockwise or</li> </ul>		<ul> <li>Forward stroking with crossover end patterns</li> </ul>
Basic 5	counterclockwise	Adult 6	<ul> <li>Backward stroking with crossover end patterns</li> </ul>
	Backward crossovers, 4-6 consecutive, clockwise and counter		<ul> <li>Forward inside three-turn, right and left</li> </ul>
	clockwise		T-stop
	<ul> <li>Forward outside three-turn, right and left</li> </ul>		Lunge
	<ul> <li>Advanced two-foot spin, min 4 revolutions</li> </ul>		<ul> <li>Two-foot spin into one-foot spin (min 2 revs on one foot)</li> </ul>
	Hockey stop		
	<ul> <li>Forward inside three-turn, right and left</li> </ul>		
Basic 6	<ul> <li>Mohawk, right to left and left to righ</li> </ul>		
	Bunny Hop		
	Basic forward spiral on a straight line (no variations), right or left		
	Beginning one-foot spin, max 3 revolutions, optional free leg		
	and entry position		

## ASPIRE FREE SKATE REQUIREMENTS

	JUMPS	SPINS	STEP SEQUENCE
Aspire 1 Free Skate 1:40 Max	Maximum 5 jump elements: Permitted jumps: • Waltz jump • ½ flip • ½ lutz Max 1 jump sequence Permitted sequence: • Waltz jump/waltz jump with no turns or hops in between	Maximum 2 spins: Permitted spins: • Two-foot spin • Forward one foot spin (free foot optional)	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) • One ½ of the ice
Aspire 2 Free Skate 1:40 Max	Maximum 5 jump elements:         Permitted jumps:         • Any jump from Aspire 1         • Single Salchow         • Single Toe loop         Max 2 jump combinations, or 1 jump combination and 1 jump sequence         Permitted combinations:         • Waltz jump/toe loop         • Salchow/toe loop         Permitted jump sequence:         • Waltz jump/waltz jump with no turns or hops in between	Maximum 2 spins: Permitted spins: • Any spin from Aspire 1 • Back upright spin • Sit Spin	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) • One ½ of the ice
Aspire 3 Free Skate 1:40 Max	Maximum 5 jump elements: Permitted jumps: • Any jump from Aspire 1 and 2 • Euler (half-loop) • Single loop Max 2 jump combinations, or 1 jump combination and 1 jump sequence	Maximum 2 spins: Required spin: • Forward upright spin to back upright spin combination Permitted spins: • Any spin from Aspire 1 and 2 • Camel Spin	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) • One ½ of the ice
Aspire 4 Free Skate 1:40 Max	Maximum 5 jump elements: Permitted jumps: • Any jump from Aspire 1, 2 and 3 • Single Flip • Single Lutz Max 2 jump combinations, or 1 jump combination and 1 jump sequence	Maximum 2 spins: Required spin: • Forward camel to sit spin combination Permitted spins: • Any Spin from Aspire 1, 2 and 3	Maximum 1 Sequence: Choreographic Step Sequence (ChSt) • One ½ of the ice

### **Clarifications:**

#### Jumps:

All Levels

Maximum 2 of any same jump
 Aspire 1 and 2

Euler is not permitted

### Jump Sequence:

Aspire 3 and 4

 A jump sequence consists of two or three jumps in which the second and/ or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump

#### Jump Combinations:

Aspire 3 and 4

 Jump combinations and jump sequences are limited to two jumps except that one jump combination or one jump sequence may include three jumps

#### Spins: All Levels

- Minimum 3 revolutions
- No flying entry
- A Spin may not be repeated
- · Basic positions only
- Aspire 3 and 4
- One spin must be the required spin
- · Second spin must be a spin in one position

#### Step Sequence:

- All Levels
- · Jumps may be included in the step sequence
- Moves in the field and spiral sequences are allowed but will not be counted as elements